

Travelling to Derriford Hospital

by bus and train from South and
West Devon and East Cornwall

from
4th June 2007



Welcome...

...to this easy to use guide to travelling to Derriford Hospital by bus and train from South and West Devon and East Cornwall. It includes summary details of direct bus and rail services to Plymouth and details of connecting buses to Derriford.

How to use this guide

The coloured map on pages 4-5 shows services to Plymouth from areas around the city. The frequency guide gives a summary of frequencies for these services.

Most bus and train services operate to Plymouth city centre and will require a connecting bus journey to Derriford Hospital. Details of buses from the city centre are shown on page 3.

If you drive to Derriford you may want to consider parking at the George Park & Ride and catching First service 7 to the hospital. The 7 runs every 20 minutes during the daytime and takes about 10 minutes.

For all public transport timetable enquiries in South West England call:



Calls cost 10p per minute from a landline.

Travelling to Derriford Hospital from Central Plymouth

By Bus

If your bus into Plymouth terminates at Bretonside Bus Station, First services 83, 84 and 86 run every 20 minutes to Derriford from stand 4.

There are also several routes from Royal Parade in the City Centre to Derriford Hospital, with First service 7 and Plymouth Citybus 42/A/B being the most direct. The 7 runs every 20 minutes and the 42/A/B every 30 minutes. Both leave from stop A18, near Debenhams.

If you are travelling from East Cornwall you may be able to change buses at St Budeaux and catch Plymouth Citybus 29 to Derriford. The 29 runs every 30 minutes.

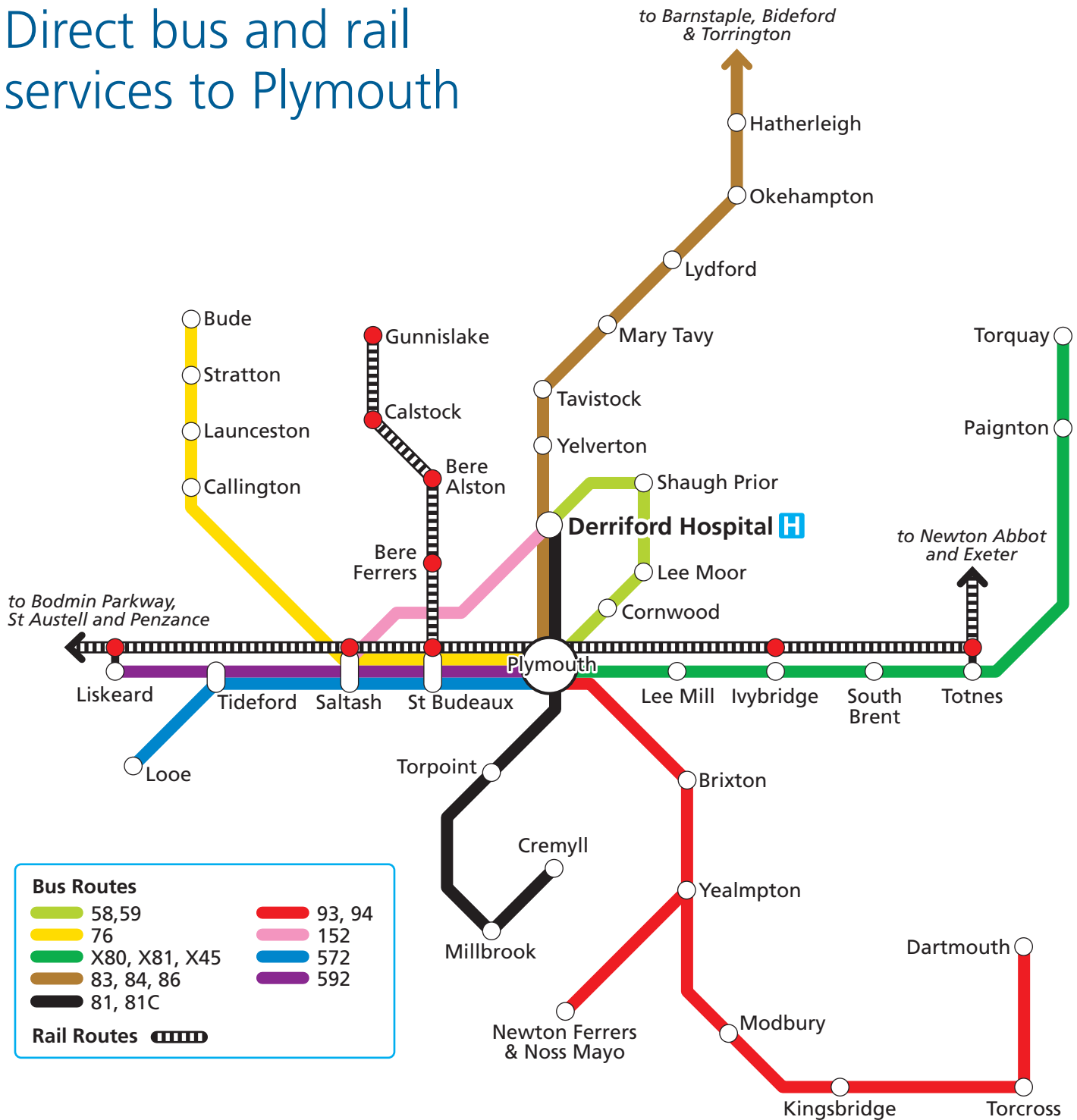
By Train

Citybus 29 links Plymouth Railway Station and Derriford, but does involve crossing a dual-carriageway and involves an uphill walk. The 29 runs every 30 minutes.

An alternative is to catch First service 5 or 6 from the station forecourt into Royal Parade and then service 7 or 42/A/B to Derriford as described above.

An alternative if travelling from Cornwall or The Tamar Valley may be to change at St Budeaux and catch Plymouth Citybus 29 to Derriford. The 29 runs every 30 minutes.

Direct bus and rail services to Plymouth



Summary of service frequencies to Plymouth

Buses





Service	Route
58/59 Plymouth CityBus	Plymouth, Plympton, Sparkwell, Cornwood, Lee Moor, Shaugh Prior, Derriford Mon-Sat Daytime: 2 hourly Mon-Sat Evenings: No service Sundays: No service
76 First	Bude, Stratton, Launceston, Callington, Saltash, St Budeaux, Plymouth Royal Parade and Bus Station Mon-Sat Daytime: Hourly to Callington, every 3 hours to Launceston and Bude Mon-Sat Evenings: 3 journeys to Callington, 1 to Launceston Sundays: 3 journeys to Callington and Launceston
X80/X81 First X45 Stagecoach	Torquay (X80/X81), Paignton, Totnes, South Brent, Ivybridge, Plymouth Bus Station Mon-Sat Daytime: X80/X81 every 30 minutes, X45 hourly Mon-Sat Evenings: X80/X81 2 journeys Sundays: X80/X81 2 journeys
81/81C First	Cremyll, Millbrook, H.M.S. Raleigh, Torpoint, Devonport, Plymouth Royal Parade and Bus Station, Derriford Mon-Sat Daytime: Hourly from Cremyll, 15 minutes from H.M.S. Raleigh. Extends to Derriford Hospital hourly Monday-Friday only Mon-Sat Evenings: 1-2 hourly Sundays: Hourly to H.M.S. Raleigh, 2 hourly to Cremyll. No direct buses to Derriford Hospital on Saturday or Sunday, or Monday-Friday evenings.
83/84/86 First	Tavistock, Horrabridge, Yelverton, Derriford Hospital, Plymouth Bus Station Mon-Sat Daytime: Every 20 minutes Mon-Sat Evenings: Hourly Sundays: Hourly

Service	Route
86 First	Barnstaple, Bideford, Torrington, Hatherleigh, Okehampton, Lydford, Mary Tavy, Tavistock, Derriford Hospital, Plymouth Bus Station Mon-Sat Daytime: 2 hourly Mon-Sat Evenings: No service Sundays: 2 journeys
93 First	Dartmouth, Torcross, Kingsbridge, Modbury, Yealmpton, Brixton, Plymstock, Plymouth Bus Station Mon-Sat Daytime: Hourly Mon-Sat Evenings: No service Sundays: 4 journeys
94 First	Noss Mayo, Newton Ferrers, Yealmpton, Brixton, Plymstock, Plymouth Bus Station Mon-Sat Daytime: 2 hourly Mon-Sat Evenings: No service Sundays: No service
152 First	Saltash, West Park, Derriford Mon-Fri Daytime: Hourly No service Mon-Fri evenings, Saturday or Sunday
572 Western Greyhound	Looe, Tideford, Landrake, Saltash, St Budeaux, Plymouth Royal Parade and Bus Station Mon-Sat Daytime: 2 hourly Mon-Sat Evenings: No service Sundays: No service
592 Western Greyhound	Liskeard, Tideford, Landrake, Saltash, St Budeaux, Plymouth Royal Parade and Bus Station Mon-Sat Daytime: Hourly Mon-Sat Evenings: 1 journey Sundays: 2 hourly

For train frequencies please see back page.

Summary of service frequencies to Plymouth (continued)

Trains

Service	Route
 Rail Totnes	From Totnes
	Mon-Sat Daytime: 2 trains per hour Mon-Sat Evenings: hourly Sundays: 2 trains per hour
 Rail Ivybridge	From Ivybridge
	Mon-Sat Daytime: 2-3 hourly Mon-Sat Evenings: 1 journey Sundays: 2-3 journeys
 Rail Liskeard	From Liskeard (some journeys also call at Menheniot, St Germans and Saltash)
	Mon-Sat Daytime: Approx. hourly Mon-Sat Evenings: 1-2 hourly Sundays: 1-2 hourly
 Rail Tamar Valley	From Gunnislake, Calstock, Bere Alston and Bere Ferrers (all journeys also call at St Budeaux)
	Mon-Sat Daytime: 2-3 hourly Mon-Sat Evenings: 1 journey Sundays: 2 hourly

For travel to Mount Gould Hospital Citybus 10, 23, 24 and First 15, 15A provide regular links from the City Centre. They leave from stop A7 on Royal Parade, near Argos and stop B3 on Exeter Street Viaduct, above the Bus Station.

Having difficulty getting to your health appointment?

If you are unable to travel by bus or other means, please telephone:

**TAP (Transport Action for Patients)
on 08450 539100**

TAP may be able to arrange transport if you have no other means of travel. Please note there will be a charge for this transport.

Open Monday to Friday, 0900-1700.

Services are correct at time of going to press but may be subject to alteration.